

Grove City Christian School



Athletic Handbook 2011-2012

(Revised: June 1, 2011)

Table of Contents

Grove City Christian School Information	3
Message from the Administration	4
Grove City Christian School Mission Statement	4
Athletic Department Philosophy	4
Benefits of Athletics at Grove City Christian	4
Grove City Christian Athletic Programs	5
Membership & Affiliation	5
Athletic Participation Forms	5
Athletic Fees	6
Open Tryouts/Team Selection	6
School Attendance & Sports Participation	6
Snow Emergency Policy	7
Academic Requirements	7-8
Transfer Requirements	8-9
Age Limitations	9
Semesters Of Eligibility	9-10
Non-Interscholastic Participation	10
Student-Athlete Code of Conduct	10
Grove City Christian School Code of Conduct	10
Sportsmanship	11
Ejection from Athletic Contests	11
Spectators: Code of Conduct	11-12
Athletic Department Policies	12-13
Insurance	13
Uniforms	13-14
Athletics: Wednesday and Sunday	14
Alcohol, Drug, and Tobacco Policy	14
Transportation	14
Commitment of Athletes	14-15
Athletic Awards	15
“OK to Tryout” Checklist	16
Athletic Agreement Form	17
Physical Form	18-19
OHSAA Authorization Form	20
OHSSA Eligibility Statement Form	21
Emergency Medical Form	22
Liability and Insurance Waiver Form	23
Transportation Form	24

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Grove City, Ohio 43123
(614) 875-3000 phone
(614) 875-8933 fax
Mascot: Eagles
Colors: Royal Blue and Black
Web Site: www.gccsk12.org

Administrative Team

Elementary School Principal: Cindy Bigelow
Middle School Principal: Debbie Edwards
High School Principal: Nick Cook
Athletic Director: Lisa Horsley
Athletic Department Secretary: Kelly Poling
Booster President: Tom Roark

School Board

Chair: Elizabeth Lauron
Vice-Chair: Eric Bowen
Treasurer: Tony Brackman
Secretary: Sonya Stretch

School Verse: Isaiah 40:31

“But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”

Athletic Theme Verse

“Am I my brothers Keeper?” Genesis 4:9. The goal for our Athletic Department this year is for all athletes to know and understand that they are the keepers of their teammates, their team, their school, their church, and their community.

Message from the Administration

The purpose of this handbook is to familiarize the students and parents with the policies of Grove City Christian School Board, the Grove City Christian Athletic Department, and the Ohio High School Athletic Association.

The Athletic Department's role is to adopt and enforce rules governing interscholastic competition in order to ensure that all athletic programs are run consistently and fairly. This is achieved by communicating our message with all the participating student-athletes and their parents, guardians, or custodians. It is our desire to accomplish this objective with this athletic handbook.

Grove City Christian School Mission Statement

"Our mission at Grove City Christian School is to cultivate quality Christian leaders in a distinctively Christian atmosphere while providing a solid spiritual and academic foundation."

Athletic Department Philosophy

Sports are a vessel to provide students with the opportunity to shine God's glory through their actions. "Since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. ² We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith," Hebrews 12:1-2. We must stress the importance of Colossians 3:23, "In everything you do, do with all your heart."

Grove City Christian believes that all athletes involved in athletics must be given the attention and time necessary to develop the skills of their sport. We know that the focus of an athletic program cannot be on the select few elite players on the team. We believe that an athletic program should not be so narrowly focused on winning that the educational values of the athletic program are lost. Grove City Christian coaches strive to develop in each athlete a strong work ethic, commitment, and athletic skills within all student-athletes.

At Grove City Christian we respect the role of sports in the life of a student-athlete and the commitment they have to their family outside of athletics. A student athlete must learn to balance and prioritize keeping God first, followed by family, academics, and then athletics. It is our hope that all athletes will successfully maintain this balance giving a whole hearted effort in all that they do.

Benefits of Athletics at Grove City Christian School

Build Character	Christian Environment	Commitment
Responsibility	Discipleship	Competition
Leadership Skills	Physical and Mental Wellness	Fun
Sportsmanship	Setting and Attaining Goals	Successful
Social Interaction	Team Devotions	Teamwork
Trust	Work Ethic	

Grove City Christian School Athletic Programs
Sports by Season: High School (HS) and Middle School (MS)

<u>Fall</u>	<u>Winter</u>	<u>Spring</u>
HS Football (B)	HS Basketball (B&G)	HS Baseball
MS Football (B)	MS Basketball (B&G)	MS Baseball
HS Soccer (Coed)	HS Cheerleading (G)	HS Softball
MS Soccer (Coed)	MS Cheerleading (G)	MS Softball
HS Volleyball (G)		HS Track & Field (B&G)
MS Volleyball (G)		
HS Football Cheerleading (G)		
MS Football Cheerleading (G)		
HS Cross Country (Coed)		
MS Cross Country (Coed)		

Membership & Affiliation

Grove City Christian School Athletics are governed by the rules and regulations of the National Federation of State High School Associations (www.nfhs.org), the Ohio High School Athletic Association (OHSAA) (www.ohsaa.org), the Mid-Ohio Christian Athletic League (MOCAL), and by the athletic policies approved by the Grove City Christian School Board (www.gccsk12.org).

Middle School

MOCAL: 2011-2012 Members

Delaware Christian School
Fairfield Christian Academy
Gahanna Christian Academy
Granville Christian Academy
Grove City Christian School
Madison Christian School
Tree of Life Christian School

High School

MOCAL: 2011-2012 Members

Delaware Christian School
Fairfield Christian Academy
Gahanna Christian Academy
Granville Christian Academy
Grove City Christian School
Madison Christian School
Tree of Life Christian School

Athletic Participation Forms

All Athletic Participation Forms must be on file before students may try-out. If the student does not make the team, the athletic fee will be refunded. The original completed packet will remain in the athletic office and a copy will be provided to the head coach. An athlete cannot participate until the coach has the packet in hand.

- 1) Athletic Agreement Form
- 2) Physical Form
- 3) Emergency Medical Form
- 4) Liability and Insurance Waiver Form
- 5) Transportation Form
- 6) OHSAA Authorization Form
- 7) OHSSA Eligibility Statement Form
- 8) Athletic Fee
- 9) OK to Try-out Checklist

Athletic Fees

A student who participates in athletics and makes a team will be charged an athletic fee. The athletic fee for Middle School Athletics is \$125 per sport. The athletic fee for High School Athletics is \$150 per sport. The athletic fees help to cover the cost of uniforms, new equipment, and the payment of officials, etc. Paying the athletic fee does not guarantee or imply that all students will play in contests.

Varsity Football, Cross Country, Varsity Track & Field, and Varsity Golf may require more than the \$150 athletic fee. Those athletic fees are subject to change upon determination by Grove City Christian School administration.

Athletic fees are due before try-outs. A student who does not make the team will receive a full refund. Athletes that have not paid their athletic fees by that date will not be allowed to try-out. All athletic fees are paid through the athletic office.

If a student-athlete makes the team and chooses to quit or becomes ineligible, they will not receive a refund of their athletic fee.

Student-athletes will be required to pay in advance for any team apparel or equipment that the team wishes to order (i.e.: shoes, sweatshirts, golf shirts, etc.). Grove City Christian School will place the order when all monies are received.

Open Tryouts/Team Selection

All athletic programs at Grove City Christian School will have open tryouts for students who are interested in participating in athletics. The Athletic Director will determine the dates for open tryouts and will publish the information in school publications. Open tryouts may last for two or three days. Students must be enrolled for the upcoming school year in order to try-out for athletics.

Once open tryouts conclude, the coaches will determine the team roster. Cuts may occur depending on the amount of students who attend open tryouts.

School Attendance & Sports Participation

Student-athletes must attend a minimum of four periods during the school day in order to participate in an athletic event.

Student-athletes must attend a minimum of four periods on Friday in order to participate in an athletic event on Saturday.

Disclaimer: Unusual circumstances will be reviewed and participation ultimately decided by the Athletic Director.

Snow Emergency Policy

When a Snow Day or Emergency Day occurs on the day of an athletic contest or practice the following procedures take effect:

- 1.) The athletic contest will still be played, unless the Principal and Athletic Director determine that the contest cannot be played.
- 2.) Athletic Director will contact the Coaches.
- 3.) Coaches will contact the students.

Academic Requirements

The Ohio High School Athletic Association has standards that each student-athlete must meet in order to be eligible to compete.

All questions concerning the rules and regulations of OHSAA or Grove City Christian School should be reviewed with the Athletic Director or the High School Principal.

Student-Athletes are encouraged to study OHSAA standards since it will be their responsibility to comply with these rules and regulations (www.ohsaa.org).

OHSAA Bylaw 4-4-1: In order to be eligible in grades 9-12, a student must be currently enrolled and must have been enrolled in school the immediately preceding grading period. Furthermore, during the preceding grading period, the student must have received passing grades in a minimum of five (5) one-credit courses or the equivalent, each of which counts toward graduation.

OHSAA Bylaw 4-4-3: The Eligibility or ineligibility of a student continues until the start of the fifth school day of the next grading period, at which time the grades from the immediately preceding grading period become effective. For the purpose of this Bylaw, "school day" includes faculty in-service days, calamity days and regular school attendance days but not holidays or school breaks.

OHSAA Bylaw 4-4-4: A student enrolled in the first grading period after advancement from the eighth grade must have passed a minimum of five of all subjects carried the preceding grading period in which the student was enrolled.

OHSAA Bylaw 4-4-5: A student enrolling in the seventh grade for the first time will be eligible for the first grading period regardless of previous academic achievement. Thereafter, in order to be eligible, a student in grade 7 or 8 must be currently enrolled and must have been enrolled in school the immediately preceding grading period and received passing grades during that grading period in a minimum of five of those subjects in which the student received grades.

OHSAA Bylaws 4-4-7: Summer school and other educational options may not be used to substitute for failure to meet the academic standards specified in Bylaw 4 during the last grading period of the school year.

In addition to OHSAA academic standards, Grove City Christian School requires all student athletes to maintain a **2.0 grade point average(73% GPA) and no failing marks** in the immediately preceding grading period in order to participate in athletics.

An academic mark of “incomplete” will be considered a failing grade until course work is completed.

Students enrolled in post-secondary school courses must comply with the above standards.

Academic marks of student-athletes will be monitored and checked by the athletic department at interims and at the end of each nine-week grading period. If students are academically ineligible at interim time, a warning will be issued to the student. The coach and parent will be concurrently notified that their student is in danger of failing the nine-week grading period. At this time it is imperative that the parent(s) of the student-athlete become increasingly engaged to prevent ineligibility.

Student-athletes should consult the Athletic Director or High School Principal before changing their course schedule or dropping a course to determine how it will affect their eligibility.

If a student is ineligible, they will not be permitted to participate in any athletic contests.

Probation Policy for Athletic Eligibility

Probation for athletic eligibility may be granted one time to any high school student provided the student has met the minimum credit requirements of the Ohio High School Athletic Association (OHSAA) and the Grace Policy of Grove City Christian School (GCCS). A student on probation will be allowed to participate **provided**:

- a. The student-athlete meets all OHSAA and GCCS athletic probation eligibility requirements. GCCS’s academic probation eligibility is 70% overall GPA.
- b. The student has completed an application requesting probation signed by both parent(s) and student, and has submitted the application to either the high school principal, **athletic director, and/or their** designee. A student considering whether to apply for probation is considered academically ineligible to participate until the necessary forms are approved.
- c. The student submits a bi-weekly grade check to the athletic office indicating that the student is meeting course **expectations** with regard to attendance, effort, class assignments, and homework. An unsatisfactory report, **in the sole discretion of the high school principal and/or the athletic director,** will result in **immediate** termination of the academic probation.

Transfers:

At the beginning of your ninth grade year, students may enroll in and attend any member school that accepts them.

Eligibility is established by one of two situations(OHSAA Bylaw 4-3-4):

- 1) Student participates in a contest (scrimmage, preview, or regular season contest) prior to or in a semester, shall have the semester count as one semester of eligibility
- 2) A student who is enrolled 15 or more days in any semester, shall have the semester count as one semester of eligibility

Once a student's eligibility has been established at a member school, you will be ineligible for athletic purposes for one calendar year from the date of transfer, should you transfer to another school unless one of the exceptions to the transfer bylaw is met.

See the Athletic Director or Principal for exceptions to this bylaw (www.ohsaa.org).

Age Limitations:

Grades 9-12: If a student enrolled in high school attains the age of 19 before August 1, the student shall be ineligible to participate in high school interscholastic athletics for the school year commencing in that calendar year. (OHSAA Bylaw 4-2-1)

Grades 7-8: If a student enrolled in grade 7 or 8 attains the age of 15 before August 1, the student shall be ineligible to participate in 7-8th grade interscholastic athletics for the school year commencing in that calendar year. (OHSAA Bylaw 4-2-2)

A student shall become eligible for high school athletics when the student attains the fifteenth birthday before August 1, or when the student attains ninth grade standing. The student is eligible at the school where the student is expected to enroll at the ninth grade level. (OHSAA Bylaw 4-2-3)

Semesters of Eligibility:

When a student enrolls in the 9th grade for the first time, they have eight semesters of athletic eligibility taken in order of attendance, whether the student participates or not. A student in 7th or 8th grade who attains the age of 15 before August 1 shall be eligible only at the high school level for a period not to exceed 8 semesters taken in order of attendance, whether the students participate or not. (OHSAA Bylaw 4-3-3)

Non-Interscholastic Participation:

Athletic participation in a non-interscholastic program (tryouts, practice, or contest) while a member of a school squad in the same sport is prohibited.

A member of an interscholastic squad sponsored by Grove City Christian School may participate in non-interscholastic programs prior to and after the school season under the following conditions:

- A) The number of players from the same school squad (roster) is limited to: Soccer-5, Baseball & Softball-4, Volleyball-3, and Basketball-2. This rule is not in effect from June 1-July 31. Football squad members are prohibited from non-interscholastic participation except from June 1-July 31. (OHSAA Bylaw 10-3-4a)
- B) A player may continue to play with a non-interscholastic team in a national qualifying tournament after July 31 until the team is eliminated, unless competition continues later than Labor Day. (OHSAA Bylaw 10-3-4b)

In non-interscholastic competition in team sport, members of the school coaching staff may coach athletes from the school district where employed for a maximum of 10 days from June 1 to July 31 per sport. The 10-day limitation applies to the entire coaching staff. Each individual coach is not entitled to 10 different days for coaching. (OHSAA Bylaw 10-3-6)

Penalty for violating *Non-Interscholastic Participation*:

The maximum penalty for violation of this bylaw for any member of a school squad, excepting a senior, shall be ineligibility in that sport for the remainder of that season or the ensuing season. If a senior, the maximum penalty shall be ineligibility for all interscholastic athletics for the remainder of the school year. (OHSAA Bylaw 10-4-1)

Student-Athlete Code of Conduct

- 1) The student- athlete will recognize and abide to the rules of the school, the athletic department, OHSAA, and their coach.
- 2) The student-athlete will show respect to those in authority at all times.
- 3) The student-athlete will show respect to their fellow students.
- 4) The student-athlete will display a positive attitude.
- 5) The student-athlete will not publicly embarrass the school or themselves.
- 6) The student-athlete will not use alcohol, drugs, or tobacco.
- 7) The student-athlete will not use any banned substances, steroids, or performance enhancing drugs.
- 8) The student-athlete will care for school property. Misused or unreturned uniforms and equipment will be replaced at the student-athlete's expense.
- 9) The student-athlete will return all uniforms and equipment to their coach by the date requested.

Grove City Christian School Code of Conduct

The Student Code of Conduct found in the MS/HS student hand book will be applicable:

- a) To student-athlete's conduct which occurs on school grounds;
- b) To student-athlete's conduct which occurs off school grounds at a school sponsored activity;
- c) To student-athlete's conduct which occurs on school transportation.

Student Handbooks are given to each student and parent at the beginning of the school year that outlines the student code of conduct standards.

Participation in athletics is a privilege, dependant on the student's willingness to follow the rules and regulations that are applicable to participation in that athletic program.

Parents will be notified and informed in writing of the circumstances and resulting action taken when disciplining an athlete.

Sportsmanship

Students are expected to abide by all requirements of the OHSAA sportsmanship initiative developed by the Sportsmanship, Ethics, and Integrity committee.

The following are considered inappropriate:

- Using profane and abusive language;
- Crude and vulgar jokes;
- Destruction of school property;
- Technical fouls and ejections;
- Excessive celebration, taunting, and flaunting;
- Inappropriate comments towards coaches, officials, and fans;
- Fighting.

All issues related to unsportsmanlike behavior from students will be addressed by the Head Coach and Athletic Director.

Ejection from Athletic Contests

Student-Athletes:

In accordance with the rules and regulations established by the Ohio High School Athletic Association; "Any player ejected or disqualified for unsportsmanlike conduct or flagrant foul shall be ineligible for all contests for the remainder of that day. In addition, the player shall be ineligible for all contests at all levels in that sport until two regular season/tournament contests (one in football) are played at the same level of ejection or disqualification."

"If the ejection or disqualification occurs in the last contest of the season, the student shall be ineligible for the same period of time as stated above in the next sport in which the student participates. A student under suspension may not sit on the team bench, enter the locker room, or be affiliated with the team in any way traveling to, during, or traveling after the contest(s)."

"A student who is ejected or disqualified a second time shall be suspended for the remainder of the season in that sport. A student who has been ejected or disqualified for unsportsmanlike conduct for the second time in the season during the last contest shall be ineligible for a period of time/number of contests subject to the discretion of the Commissioner. The period of ineligibility shall commence during the next sport in which the student participates." (OHSAA General Sports Regulations 10.1)

Spectators: Code of Conduct

Spectators, which includes but is not limited to parents, are a witness to our school and community. More importantly they are representing their walk in Christ. How we act and react to situations can speak volumes about our relationship with Jesus.

Spectators must address athletes, coaches, officials and other spectators in a positive manner. Spectators may not use profanity or abusive language. Yelling at officials, coaches, and students is unacceptable.

Any member of Grove City Christian Administration, any member of the Grove City Christian School Board of Trustees, the Grove City Church of the Nazarene Senior Pastor, any member of the Grove City Church of the Nazarene Executive Team, any member of the Grove City Church of the Nazarene Board of Trustees, and/or Game Official(s), reserve the right to dismiss any spectator from an athletic event or extra-curricular activity, without reimbursement, or take any other appropriate action when, in his or her sole discretion, the Spectator Code of Conduct is violated or the spectator is otherwise acting, or has acted, inappropriately.

Additionally, Grove City Christian School is participating in the Ohio High School Athletic Association's "Respect the Game". As part of this program, the following announcement is read before every contest:

"Good day sports fans – students, teachers, parents, and friends, and welcome to Grove City Christian School. It's going to be an exciting competition for all of us and your spirit means a lot to the competitors – and that's why it's so important that we all respect the game. When you follow the rules, speak and act responsibly, and treat both teams with courtesy, you show your respect for the game too. Remember, if it's worth winning, it's worth your respect. . . so let's all Respect the Game."

Athletic Department Policies

Athletic Handbook Agreement: All students and parent(s)/guardian must submit a signed Athletic Agreement Form acknowledging that they understand, agree to abide, and support the policies in both spirit and practice of the Grove City Christian Athletic Department.

OHSAA Forms: All students and parent(s) must submit an OHSAA pre-participation Physical Exam, OHSAA Authorization Form, and an OHSAA Eligibility and Authorization Statement to the Athletic Department. Participation will be permitted upon completion. The physical examination is good for one calendar year.

Hold Harmless Agreements: All students and parent(s) must submit a signed Transportation Form to the Athletic Department in order to be permitted to travel with coaches or parents.

Risk of Participation: All students and parent(s) must sign a Liability and Insurance Waiver Form and an Authorization to Consent to Medical Treatment indicating an understanding of the inherent risk of participating in athletics.

Two-Sport Participation: A student-athlete may participate in more than one sport at Grove City Christian School during the fall, winter, or spring seasons, as long as the coaches can come to an agreement and work out the details of practices and games.

The student-athlete who is participating must declare one of the two sports as their first commitment. First commitment requires the athlete to attend all practices, meetings, and games connected with that athletic program. The student-athlete may participate with the second athletic program during the time when there are no obligations to the

sport that has priority. In the event that the second sport becomes a conflict with the first sport, participation in the second sport will be subject to termination.

Parent Acknowledgement of Athletic Policies:

The student will be presented the athletic handbook with all athletic participation forms attached and information for participation during open gym. In order to try out, students must submit the following on or before actual tryouts; Athletic Agreement Form, Physical Form, Emergency Medical Form, Liability and Insurance Waiver Form, Transportation Form, OHSAA Authorization Form, OHSSA Eligibility Statement Form, Athletic Fee, and the OK to Try-out Checklist signed by the athletic director.

The athletic department will coordinate a date where the Athletic Director and coaching staff will have an opportunity to discuss the upcoming athletic season. The coaches will then coordinate a parent meeting. The parent meeting will provide the coaches with an opportunity to inform parents on athletic department policy, team rules and regulations, and guidelines involving transportation of students.

Attendance is encouraged as each parent will be responsible for reading the athletic handbook and certifying that they understand all rules and regulations established by the Grove City Christian Athletic Department, Ohio High School Athletic Association (OHSAA), and approved by the School Board.

All athletic participation forms are required for athletic participation and will be filed in the athletic director's office.

Insurance: Grove City Christian School is not responsible for medical expenses in case of a medical emergency. Any liability or cost incurred is the responsibility of the family of the student-athlete.

Athletics are considered an extra-curricular activity in which students may participate. In doing so, the student assumes the inherent risk associated with that sport. Students participating in athletics must be covered by a family insurance policy.

All parents, guardians, or custodians must sign an insurance waiver form indicating they have adequate insurance coverage for their student.

Uniforms: Athletic uniforms will be purchased and provided through the Athletic Department. Student Athletes will be responsible for purchasing items that are not considered reusable such as shoes, cleats, socks, hats, etc.

Head coaches will issue and collect all uniforms and equipment. Athletic uniforms and equipment not returned will yield the following:

- Withholding the student's report card until uniform and equipment is returned.

- Withholding the student's report card until payment is received for the cost of the unreturned uniform and equipment

The athletic director and the head coach will set the standard of dress for their teams on game days. Uniform pants (khaki, navy, or black) or skirts must be worn for either Home/Away games. The team must decide at the beginning of the season which pants are to be worn.

- Home Games: Student-Athletes may wear their home jerseys on game days. At the beginning of the season, each team must decide upon their game day uniform. All athletes must be dressed as a team wearing matching pants and undershirts. Polos, dress shirts and ties are also acceptable. This is a privilege granted to athletes provided they meet all the above requirements.
- Away Games: Students may wear a shirt & tie, or team polo shirt (spirit pack). In the event that a team decides not to wear a shirt and tie or a team polo, refer to the dress code established in the Grove City Christian School handbook.

Athletics: Wednesday and Sunday

Grove City Christian School encourages our students to participate in church activities on Wednesday evenings and Sundays. Therefore, Athletic contests will not occur on Wednesdays or Sundays. Practices may be held on Wednesdays, however, to ensure that student-athletes can attend church activities, all practices will end by 5:30PM. Athletic teams may have a tournament game scheduled on a Wednesday evening, depending on OHSAA tournament draws. In the event of an OHSAA tournament contest, athletic teams will be allowed to participate in their scheduled tournament games.

Alcohol, Drug, and Tobacco Policy

Grove City Christian School students shall not possess, use, sell, give, transmit, or be under the influence of any drug or alcohol. They shall not possess or bring on to school property tobacco products, matches, lighters, or other paraphernalia associated with tobacco use or products that may mimic or condone tobacco or alcohol use. Tobacco, drug, and alcohol use by students is prohibited. All items will be confiscated and immediate suspension may occur.

Transportation

Parent(s) or guardian(s) are responsible for securing transportation of their student to and from athletic contests. The coaches at Grove City Christian cannot arrange for transportation of the athletes. The Grove City Christian School bus will provide transportation when possible. Under no circumstances may students drive.

To meet the requirements of the Ohio Department of Education, parents may take the Van Driver In-service Training with the athletic department to drive for the school. For further information about this process contact the athletic department.

Commitment of Athletes

Athletic Programs require a strong commitment from the student-athletes. Student-athletes are expected to fulfill their commitment to the best of their abilities. All athletes are responsible for communicating information presented to them verbally and in writing to their parent(s) or guardians. All student-athletes are responsible to attend all practices and contests. All concerns resulting in missed practices and games must be communicated to the coach in advance. Missing practices and games may result in a loss of playing time.

An athlete is a member of a team. A teammate is expected to be dependable, responsible, disciplined, motivated, and have desire to excel. A true teammate does not weigh the value of their athletic experience as good or bad dependant on how many minutes they played, but how their contribution benefited the team. Every role is important to the success of a team. Whether your role is to prepare your team in practice, make an assist in the contest, or be the leader of the team, your role is important. "In everything you do, do with all your heart," Colossians 3:23.

Athletic Awards

Students may receive an award or merchandise as a result of their participation in school or non-school competition from any source, provided the value does not exceed \$200 per award. (OHSAA Bylaw 5-1-1)

Certificates of Participation are awarded to all student-athletes.

Scholar-Athlete Certificates are awarded to all student-athletes who possess a GPA of 3.2 or above. These certificates will be awarded at the end of the school year awards assembly.

Varsity: A Varsity Letter may be awarded to student-athletes for meeting the following minimum criteria. Head Coaches will have the opportunity to set the standards for a varsity letter higher than the percentages stated below for the 2008-2009 school year. In the event that the standards for earning a varsity letter are raised, the athletes will be notified at the beginning of the season.

- 1) Finishes the season in good standing;
- 2) Loyal to the team, the coach, and the program;
- 3) *Participates in the following percentage of games:
 - Volleyball 50% of the games played in regular season.
 - Soccer 50% of the total halves played in regular season.
 - Golf 50% of total matches played in regular season**
 - Basketball 50% of the total quarters played in regular season.
 - Baseball 25% of the total innings played in regular season.
 - Softball 25% of the total innings played in regular season.
 - Cheerleading Cheer for Varsity squad for their season

* These requirements are subject to change with coach's discretion. Students will be notified at the beginning of the season if a higher percentage will be employed.

**Individual score counted in team total for the match.



Grove City Christian Schools ♦ “OK to Try-Out” Checklist

The OK to Try-Out Checklist must be completed before a student may participate in interscholastic activities at Grove City Christian School. Upon completion, the student will receive a signed copy of the form to submit to their coach. No student will be permitted to try-out until the OK to Try-Out is completed and on file in the Athletic Office.

Sport: _____ Level: MS HS (circle one)

Student Name: _____ Date: _____

Parent/Guardian: _____

Phone Numbers: (Daytime) _____ (Evening) _____

Address: _____

Parent(s) Email Address: _____

Student Email Address: _____

“OK to Try-Out” Checklist Items to be completed:

- Athletic Agreement Form
- OHSAA Pre-participation Physical Evaluation
- OHSAA Authorization Form
- OHSAA Eligibility and Authorization Statement
- Authorization to Consent to Medical Treatment
- Liability and Insurance Waiver Form
- Parental Permission & Transportation Form
- Athletic Fee: Fall _____ Winter _____ Spring _____
- Signed “OK to Try-out” Checklist

For Office Use Only:

All items have been reviewed, are complete, and filed within the GCCS Athletic Department. The student is ready to compete.

Athletic Director

GROVE CITYCHRISTIAN ATHLETIC DEPARTMENT

ATHLETIC AGREEMENT FORM

ATHLETE’S NAME: _____ GRADE _____

STUDENT-ATHLETE’S AGREEMENT

I have read the entire *Grove City Christian School Athletic Handbook* and agree to abide by its contents. I agree to support all policies in both spirit and practice in my relationships, participation, and attitude.

I will do my best to uphold my responsibility as a student-athlete of Grove City Christian School, being faithful to pursue integrity and character that is consistent with the Christ-centered vision of the Grove City Christian School athletic department.

STUDENT-ATHLETE SIGNATURE: _____

DATE SIGNED: _____

PARENT’S/GUARDIAN’S AGREEMENT

I/we have read the entire *Grove City Christian School Athletic Handbook* and support the enforcement of its rules and guidelines both in spirit and practice. I agree to support the athletic department & coaching staff in their decisions, as they are delegated authority in my son/daughter’s athletic participation in Grove City Christian School athletics. I also understand that a minimum athletic fee of \$150 HS/\$125 MS will be charged for each sport my child participates in, which does not include any additional items deemed necessary by the Athletic Director.

I hereby grant Grove City Christian School permission to use my child’s picture, image, and/or likeness without future notice from them to me that they are doing such.

PARENT(S)/GUARDIAN(S) SIGNATURE

PRINT NAME: _____ RELATIONSHIP: _____

SIGNED: _____ DATE: _____

PRINT NAME: _____ RELATIONSHIP: _____

SIGNED: _____ DATE: _____



Ohio High School Athletic Association Preparticipation Physical Evaluation



DATE OF EXAM: _____

Page 1 of 4

Name _____ Sex _____ Age _____ Date of Birth _____
 Grade _____ School _____ Sport(s) _____
 Address _____ Phone _____
 Personal Physician _____
In case of emergency, contact: Name _____ Relationship _____
 Phone (H) _____ (W) _____ (Cell) _____ (Cell) _____

History

This section is to be carefully completed by the student and his/her parent(s) or legal guardian(s) before participation in interscholastic athletics in order to help detect possible risks.

Explain "YES" answers in the space provided. Circle questions you don't know the answer to.

1. Has a doctor ever denied or restricted your participation in sports for any reason? Yes No
2. Do you have an ongoing medical condition (like diabetes or asthma)? Yes No
3. Are you currently taking any prescription or nonprescription (over-the-counter) medicines or pills? Yes No
4. Do you have allergies to medicines, pollens, foods, or stinging insects? Yes No
5. Do you think you are in good health? Yes No
6. Have you ever passed out or nearly passed out DURING exercise? Yes No
7. Have you ever passed out or nearly passed out AFTER exercise? Yes No
8. Have you ever had discomfort, pain, or pressure in your chest during exercise? Yes No
9. Does your heart race or skip beats during exercise? Yes No
10. Has a doctor ever told you that you have (check all that apply):
 High Blood Pressure A heart murmur
 High Cholesterol A heart infection
11. Has a doctor ever ordered a test for your heart? (for example, ECG, echocardiogram) Yes No
12. Has anyone in your family died for no apparent reason? Yes No
13. Does anyone in your family have a heart problem? Yes No
14. Has any family member or relative died of heart problems or of sudden death before age 50? Yes No
15. Does anyone in your family have Marfan syndrome? Yes No
16. Have you ever spent the night in a hospital? Yes No
17. Have you ever had surgery? Yes No
18. Have you ever had an injury, like a sprain, muscle or ligament tear, or tendinitis, that caused you to miss a practice or game? If yes, circle affected area below:

Head	Neck	Shoulder	Upper Arm	Elbow	Forearm	Hand / Fingers	Chest
Upper back	Lower back	Hip	Thigh	Knee	Calf/shin	Ankle	Foot / Toes
19. Have you had any broken or fractured bones or dislocated joints? If yes, circle below: Yes No
20. Have you had a bone or joint injury that required x-rays, MRI, CT, surgery, injections, rehabilitation, physical therapy, a brace, a cast, or crutches? If yes, circle below: Yes No
21. Have you ever had a stress fracture? Yes No
22. Have you been told that you have or have you had an x-ray for atlantoaxial (neck) instability? Yes No
23. Do you regularly use a brace or assistive device? Yes No
24. Has a doctor ever told you that you have asthma or allergies? Yes No

25. Do you cough, wheeze, or have difficulty breathing during or after exercise? Yes No
26. Is there anyone in your family who has asthma? Yes No
27. Have you ever used an inhaler or taken asthma medicine? Yes No
28. Were you born without or are you missing a kidney, an eye, a testicle, or any other organ? Yes No
29. Have you had infectious mononucleosis (mono) within the last month? Yes No
30. Do you have any rashes, pressure sores, or other skin problems? Yes No
31. Have you had a herpes skin infection? Yes No
32. Have you ever had a head injury or concussion? Yes No
33. Have you been hit in the head and been confused or lost your memory? Yes No
34. Have you ever had a seizure? Yes No
35. Do you have headaches with exercise? Yes No
36. Have you ever had numbness, tingling, or weakness in your arms or legs after being hit or falling? Yes No
37. Have you ever been unable to move your arms or legs after being hit or falling? Yes No
38. When exercising in the heat, do you have severe muscle cramps or become ill? Yes No
39. Has a doctor told you that you or someone in your family has sickle cell trait or sickle cell disease? Yes No
40. Have you had any problems with your eyes or vision? Yes No
41. Do you wear glasses or contact lenses? Yes No
42. Do you wear protective eyewear, such as goggles or a face shield? Yes No
43. Are you happy with your weight? Yes No
44. Are you trying to gain or lose weight? Yes No
45. Has anyone recommended you change your weight or eating habits? Yes No
46. Do you limit or carefully control what you eat? Yes No
47. Do you have any concerns that you would like to discuss with a doctor? Yes No

FEMALES ONLY

48. Have you ever had a menstrual period? Yes No
49. How old were you when you had your first menstrual period? _____
50. How many periods have you had in the last 12 months? _____

Explain "Yes" Answers Here: (Attach additional sheets as needed)

I (we) hereby state, to the best of my (our) knowledge, my (our) answers to the above questions are complete and correct.

Signature: _____ Signature: _____ Date: _____
Athlete Parent or Guardian (if athlete is under 18)

The student has family insurance Yes No; If yes, family insurance company name and policy number: _____

NOTE: CONSENT AND HIPAA RELEASE FORMS THAT MUST BE SIGNED BY BOTH THE PARENT AND THE STUDENT ARE ON A SEPARATE SHEET.
 NOTE: HISTORY AND ALL CONSENT FORMS MUST BE COMPLETED PRIOR TO PHYSICAL EXAMINATION

Physical Examination Form

The section below is to be completed by physician or staff after history and consent forms are completed.

Students Name _____		Birth Date _____	
Height _____	Weight _____	% Body Fat (optional) _____	Pulse _____ BP _____ / _____, _____ / _____, _____ / _____
Vision R 20/ _____	L 20/ _____	Corrected: Y N	Pupils: Equal _____ Unequal _____

Follow-Up Questions on More Sensitive Issues (Optional)

1. Do you feel stressed out or under a lot of pressure?
2. Do you ever feel so sad or hopeless that you stop doing some of your usual activities for more than a few days?
3. Do you feel safe?
4. Have you ever tried cigarette smoking, even 1 or 2 puffs? Do you currently smoke?
5. During the past 30 days, did you use chewing tobacco, snuff, or dip?
6. During the past 30 days, have you had at least 1 drink of alcohol?
7. Have you ever taken steroid pills or shots without a doctor's prescription?
8. Have you ever taken any supplements to help you gain or lose weight or improve your performance?
9. Questions from the Youth Risk Behavior Survey (<http://www.cdc.gov/HealthyYouth/yrbs/index.htm>) on guns, seatbelts, unprotected sex, domestic violence, drugs, etc.

Notes: _____

MEDICAL	Normal	Abnormal findings	Initials*
Appearance			
Eyes/ears/nose/throat			
Hearing			
Lymph nodes			
Heart			
Murmurs			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			
MUSCULOSKELETAL			
Neck			
Back			
Shoulder/arm			
Elbow/forearm			
Wrist/hand/fingers			
Hip/thigh			
Knee			
Leg/ankle			
Foot/toes			

*Multiple-examiner set-up only.

Notes: _____

Clearance

- Cleared without restriction
 Cleared, with recommendations for further evaluation or treatment for: _____

Not cleared for: All Sports Certain sports: _____ Reason: _____

Recommendations: _____

Emergency Information:

Allergies: _____

Other Information: _____

Name of Physician: (print/type/stamp) _____ (M.D., D.O., D.C.) Date: _____

If the Physician's Assistant (P.A.) or Advanced Nurse Practitioner (A.N.P.) performed the exam, name and address of collaborating physician or physician group:

Address: _____ Phone: _____

Signature of Physician: _____



OHSAA AUTHORIZATION FORM

I hereby authorize the release and disclosure of the personal health information of _____ ("Student"), as described below, to _____ ("School").

The information described below may be released to the School principal or assistant principal, athletic director, coach, athletic trainer, physical education teacher, school nurse or other member of the School's administrative staff as necessary to evaluate the Student's eligibility to participate in school sponsored activities, including but not limited to interscholastic sports programs, physical education classes or other classroom activities.

Personal health information of the Student which may be released and disclosed includes records of physical examinations performed to determine the Student's eligibility to participate in school sponsored activities, including but not limited to the Pre-participation Evaluation form or other similar document required by the School prior to determining eligibility of the Student to participate in classroom or other School sponsored activities; records of the evaluation, diagnosis and treatment of injuries which the Student incurred while engaging in school sponsored activities, including but not limited to practice sessions, training and competition; and other records as necessary to determine the Student's physical fitness to participate in school sponsored activities.

The personal health information described above may be released or disclosed to the School by the Student's personal physician or physicians; a physician or other health care professional retained by the School to perform physical examinations to determine the Student's eligibility to participate in certain school sponsored activities or to provide treatment to students injured while participating in such activities, whether or not such physicians or other health care professionals are paid for their services or volunteer their time to the School; or any other EMT, hospital, physician or other health care professional who evaluates, diagnoses or treats an injury or other condition incurred by the student while participating in school sponsored activities.

I understand that the School has requested this authorization to release or disclose the personal health information described above to make certain decisions about the Student's health and ability to participate in certain school sponsored and classroom activities, and that the School is a not a health care provider or health plan covered by federal HIPAA privacy regulations, and the information described below may be redisclosed and may not continue to be protected by the federal HIPAA privacy regulations. I also understand that the School is covered under the federal regulations that govern the privacy of educational records, and that the personal health information disclosed under this authorization may be protected by those regulations.

I also understand that health care providers and health plans may not condition the provision of treatment or payment on the signing of this authorization; however, the Student's participation in certain school sponsored activities may be conditioned on the signing of this authorization.

I understand that I may revoke this authorization in writing at any time, except to the extent that action has been taken by a health care provider in reliance on this authorization, by sending a written revocation to the school principal (or designee) whose name and address appears below.

Name of Principal: _____
 School Address: _____

This authorization will expire when the student is no longer enrolled as a student at the school.

NOTE: IF THE STUDENT IS UNDER 18 YEARS OF AGE, THIS AUTHORIZATION MUST BE SIGNED BY A PARENT OR LEGAL GUARDIAN TO BE VALID. IF THE STUDENT IS 18 YEARS OF AGE OR OVER, THE STUDENT MUST SIGN THIS AUTHORIZATION PERSONALLY.

 Student's Signature Birth date of Student, including year

 Name of Student's personal representative, if applicable
 I am the Student's (check one): Parent Legal Guardian (documentation must be provided)

 Signature of Student's personal representative, if applicable Date

A copy of this signed form has been provided to the student or his/her personal representative
THE STUDENT SHALL NOT BE CLEARED TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS UNTIL THIS FORM HAS BEEN SIGNED AND RETURNED TO THE SCHOOL

2011-2012 Ohio High School Athletic Association Eligibility and Authorization

This document is to be signed by the participant from an OHSAA member school and by the participant's parent.

- I have read, understand and acknowledge receipt of the OHSAA brochure entitled "Your Athletic Eligibility," which contains a summary of the eligibility rules of the Ohio High School Athletic Association. I understand that a copy of the *OHSAA Handbook* is on file with the principal and athletic administrator and that I may review it, in its entirety, if I so choose. All OHSAA bylaws and regulations from the *Handbook* are also posted on the OHSAA web site at www.ohsaa.org.
- I understand that an OHSAA member school must adhere to all rules and regulations that pertain to the interscholastic athletics programs that the school sponsors, but that local rules may be more stringent than OHSAA rules.
- I understand that participation in interscholastic athletics is a privilege not a right.

Student Code of Responsibility

- As a student athlete, I understand and accept the following responsibilities:
 - I will respect the rights and beliefs of others and will treat others with courtesy and consideration
 - I will be fully responsible for my own actions and the consequences of my actions
 - I will respect the property of others
 - I will respect and obey the rules of my school and laws of my community, state and country
 - I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state and country
 - I understand that a student whose character or conduct violates the school's Athletic Code or School Code of Responsibility is not in good standing and is ineligible for a period of time as determined by the principal

Informed Consent – By its nature, participation in interscholastic athletics includes risk of injury and transmission of infectious disease such as HIV and Hepatitis B. Although serious injuries are not common and the risk of HIV transmission is almost nonexistent in supervised school athletic programs, it is impossible to eliminate all risk. Participants have a responsibility to help reduce that risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily. **PARENTS, GUARDIANS OR STUDENTS WHO MAY NOT WISH TO ACCEPT RISK DESCRIBED IN THIS WARNING SHOULD NOT SIGN THIS FORM. STUDENTS MAY NOT PARTICIPATE IN AN OHSAA-SPONSORED SPORT WITHOUT THE STUDENT'S AND PARENT'S/GUARDIAN'S SIGNATURE.**

- I understand that in the case of injury or illness requiring transportation to a health care facility, that a reasonable attempt will be made to contact the parent or guardian in the case of the student-athlete being a minor, but that, if necessary, the student-athlete will be transported via ambulance to the nearest hospital.
- To enable the OHSAA to determine whether the herein named student is eligible to participate in interscholastic athletics in an OHSAA member school I consent to the release to the OHSAA any and all portions of school record files, beginning with seventh grade, of the herein named student, specifically including, without limiting the generality of the foregoing, birth and age records, name and residence address of parent(s) or guardian(s), residence address of the student, academic work completed, grades received and attendance data.
- I consent to the OHSAA's use of the herein named student's name, likeness, and athletic-related information in reports of contests, promotional literature of the Association and other materials and releases related to interscholastic athletics.
- By signing this we acknowledge that we have read the above information and that we consent to the herein named student's participation.

***Must Be Signed Before Physical Examination**

Student's Signature	Birth date	Grade in School	Date
Parent's or Guardian's Signature			Date



Authorization to Consent to Medical Treatment

(PLEASE PRINT)

I (We) _____ and _____ are the parents/legal guardian, with legal custody of _____ (child's name) who is _____ (age), and resides with us at _____ (full address) and who attends Grove City Christian School, give our permission for a licensed doctor, physician, or emergency treatment center selected by the school/coach/representative to administer the necessary attention and aid **IMMEDIATELY** to our child should he/she become injured or sick during all sporting events: practices, games, tournaments, and travel to and from, and to do so without having to wait until we are contacted. We consent to any x-rays, examination, anesthetic, medical or surgical diagnosis, treatment and hospital care deemed necessary.

We understand the school/coach/representative will endeavor to reach us should the nature of the injury or illness warrant it. However, we will not hold any of the school personnel responsible if efforts to contact me (us) are unsuccessful. During this time we can be reached at:

Home: (address listed above); Home Phone: _____.

Father's Business Phone: _____

Business address: _____

Mother's Business Phone: _____

Business address: _____

Father/guardian signature: _____ Date: _____

Mother/guardian signature: _____ Date: _____

Nearest relative to contact if parents cannot be reached:

Name: _____, Relationship: _____

Phone number: _____

MEDICAL INFORMATION

Child's Doctor: _____ Phone: _____

Parent's Doctor: _____ Phone: _____

Medical Insurance Company: _____

Policy Number: _____

Allergies to medicines or other allergies: _____

Child is presently taking the following medication: _____

For the following condition: _____

Additional Information:

**Grove City Christian School
Liability and Insurance Waiver Form**

Student's Name _____

All student-athletes involved in athletics must realize the inherent risk, hazards and dangers involved in athletic participation. Athletic participation includes practices, athletic contests and travel to and from these activities.

Participation in athletics may involve substantial risks such as bodily injury, property damage and other damages. Substantial risks related to athletic participation include but are not limited to: hypothermia, broken bones, strains, sprains, bruises, drowning, concussion, heart attack, and heat exhaustion, etc.

All student-athletes will be required to sign this Liability and Insurance Waiver Form in order to participate in athletics at Grove City Christian School.

I acknowledge that I am solely responsible for any hospital or other costs arising out of any bodily injury or property damage sustained through my participation in such voluntary athletics or recreational activities. In this regard, I certify that I am covered by a health and accident insurance policy.

NAME OF INSURANCE COMPANY: _____

TYPE OF POLICY: _____

EXPIRATION DATE OF INSURANCE COVERAGE: _____

I have received a copy of this notice, which I have read and understand. I accept and assume all risks, hazards and dangers involved in any such activities in which I participate, including practices, athletic contests, and travel to and from these activities.

**RELEASE, WAIVER OF LIABILITY
(READ CAREFULLY BEFORE SIGNING!!!)**

The undersigned hereby acknowledges that participation in athletic programs and recreational activities involves inherent risks of physical injury, illness or loss of personal property and assumes all such risks. The undersigned hereby agrees that for the consideration of Grove City Christian School allowing the undersigned to participate in athletic activities and in connection therewith, making available to the personnel of the institution, the undersigned participant does hereby waive liability, release and forever, discharge Grove City Christian School, its members, officers, administrators, the ministry of Grove City Church of the Nazarene, and employees of and from any and all claims, demands, rights and causes of action of whatever kind of nature, arising out of all known and unknown, foreseen and unforeseen bodily and personal injuries, damages to property and the consequences thereof, including death, resulting from my voluntary athletic participation in or in any way connected with such athletic activities.

I understand the acceptance of this release, waiver of liability form and understand the inherent risks that are associated with athletic participation.

Signature of Student: _____ Date: _____

Signature of Parent/Guardian: _____ Date: _____

Grove City Christian Athletic Department
Parental Permission & Transportation Form

Student Name: _____ Date: _____

Grade: 7 8 9 10 11 12 Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent/Guardian (Printed): _____

Phone Numbers: (Daytime) _____ (Evening) _____

Emergency Phone Number: (_____) _____ ****Required****

Address: _____

Parent/Guardian Signature: _____

I, the above signed parent/guardian hereby grant permission for _____, to attend the Athletic Events for the current school year. We authorize an adult, in whose care the minor has been entrusted to consent to treatment and hospital care the minor has been entrusted, to consent to treatment and hospital care to be rendered to the minor under general or special supervision and on the advice of any physician or dentist licensed hospital whether such diagnosis or treatment is rendered at the office of said physician or at said hospital. The above signed shall be liable and agrees to pay all costs and expenses incurred in connection with such medical and dental services to the aforementioned child pursuant to this authorization. Should it be necessary for my child to return home due to medical reasons or otherwise, the above signed shall assume all transportation costs. The above signed does also hereby give permission for our child to be transported in any vehicle designated by the adult in whose care the minor has been entrusted while attending and participating in the events sponsored by Grove City Christian School.

Please list any allergies or special medical problems your child may have.

